

# Questions for Temple Hayes

1. How would you describe your book in a few lines or less?
2. Why do you think this book is life-changing?
3. *When Did You Die?—that's an interesting title; how did you happen to call your book When Did You Die?*
4. You use the words “dying while we are living”...what do you mean by that from your own perspective?
5. Tell us about Temple's story and how that instigated the practices in this book.
6. *What are some of the spiritual and shamanic traditions you have featured in this book, When Did You Die?*
7. What if people do not really consider themselves spiritual...how will this book help them?
8. Can you give me an idea or suggestion from the book?
9. What happens when we become robotic in nature and how does this happen to us?
10. You talk a lot about nature in the book and our relationship to other animals. Why?
11. How do mystical experiences play a role in being energized and impassioned versus drained and disconnected?
12. I know you have over 30 years of sobriety. Will this book give some new insights to people in recovery? Can you comment on that?
13. Tell me about your journey in finding true love and how did you discover it?
14. How was it for you growing up being so different spiritually and sexually?
15. You talk about how you resurrected from absolute woundology to an energized ageless spirit. How did you do it?
16. If you had one "take away" from the book what would it be?
17. You use the term your dreams are waiting on you to come true in the book; what do you mean by that?
18. Likewise you talk about “ah, ha” moments. What does that mean?
19. What defining moment which you mention in the book “my way or the Highway” is relative to how this book came about?
20. Is there anything we didn't cover that you want to add?